

For each activity, consider whether you want to do it, receive it, imagine doing it, and/or imagine receiving it. Mark yes, no, or maybe for each column (or N/A) if it doesn't apply.

ACTIVITY LIST	RECEIVE/ME		GIVE/PARTNER	
	DO	IMAGINE	DO	IMAGINE
TOUCH AND SENSATION ACTIVITIES				
Cuddling				
Kissing (Mouth or Full Body)				
Holding hands				
Masturbation (alone)				
Masturbating in presence of partner				
Mutual masturbation (each other)				
Dry humping/clothed rubbing				
Tickling				
Hickeys				
Touching affectionately in public				
Using sex toys (i.e., vibrators), alone				
Manicures				
Nibbling ears				
Kissing on the neck				
Fondling				
Sensual massage				
Nipple Stimulation/Play				
Tribadism (rubbing naked genitals together)				
Fingering (Anal or Vaginal)				
Hand Job (Penis or Vulva)				
Hands or fingers on testes				
Chest/breast/nipple licking or sucking				
G-Spot Stimulation				
Cunnilingis/Oral (sex on a vulva)				
Felatio/Blow Job (oral sex on a penis)				
Prostate Massage				
Hot wax dripping				
Ice cubes				
SEXUAL CHOICES				
Quickies				
Rear entry position				
Sex standing up				
Missionary position				
One on top position				

